



PROGRESS

WEEK 1
What I did this week to work on my goal:

WEEK 2
What I did this week to work on my goal:

WEEK 3
What I did this week to work on my goal:

WEEK 4
What I did this week to finish my goal:

REACH THE GOAL!
My goal for _____ is:
(Month)

TO CELEBRATE REACHING MY GOAL I WILL
